

## Neighbourhood Community Development Partnerships- Application for Funding 2019-20



Amount of funding requested:	<b>£ 11,000</b>	Reference number (office use)
Which <b>neighbourhood</b> is this project for:	Neighbourhood 1	
Project title:	Happier days at Somerville.	

**Please read Section D and the important information at the back of before submission**

### SECTION A: Lead organisation

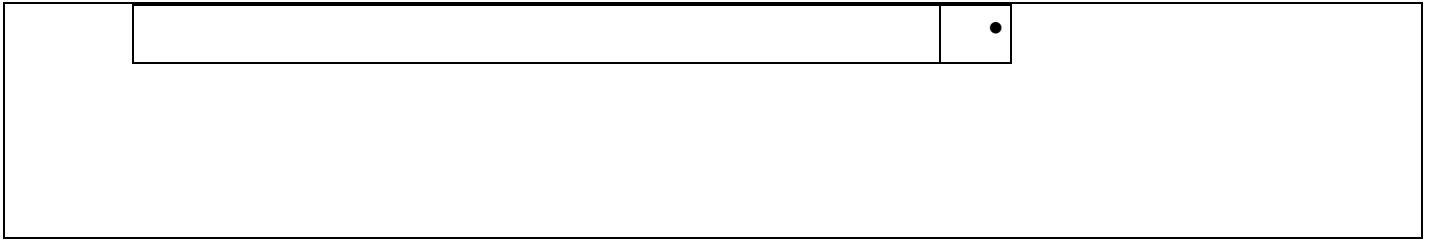
<b>Organisation</b>	The Somerville (Somerville Youth & Play Provision)
<b>Lead Contact</b>	Katherine Weston
<b>Telephone</b>	02077321403
<b>Address incl Post Code</b>	260 Queens Road, New Cross, London, SE14 5JN
<b>Email address</b>	<a href="mailto:Katherine.Weston@sypp.org.uk">Katherine.Weston@sypp.org.uk</a>

<b>Partner Organisations</b>	Just Older Youth
<b>Lead Contacts</b>	Sarah Carter
<b>Telephone</b>	07505113343
<b>Address incl Post Code</b>	C/o Flat 1 Telegraph Hill Centre Kitto Road London, SE14 5TY
<b>Email address</b>	singaporecarters@hotmail.com

### SECTION B: The Project

**Which local health and wellbeing priorities does your application address – please see guidelines for additional information on each priority**

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## 1. Describe the project:

- **What are the aims and objectives?**
- **What activities will be delivered?**
- **How will you measure the success of your project?**

Our proposal is a partnership project with Just Older Youth (JOY), which will be delivered at The Somerville and consists of 3 strands:

### 1. Healthy eating and growing/cookery club

A regular cookery club where participants will get the opportunity to explore a variety of dishes i.e. curries, jollof rice and much more, learn how to cook on a 'budget' as well as increase their culinary skills and independence. Participants will research a variety of healthy foods and gaining an understanding of what difference healthy eating can make to their lives. We will facilitate a variety of food taster sessions, where participants will be introduced to different foods i.e. Papayas, custard apples, cantaloupe etc.

They will learn how to grow and maintain fruit and vegetables with the opportunity to participate in regular growing activities in other local community gardens. By the end of the programme participants would have designed their own bespoke healthy menus, which can be prepared on a low budget and that can be used at their homes to make low cost meals for them and their families.

### 2. Mosaic

A local artist, who formerly taught at Goldsmiths University and Central St Martins, who will teach mosaic classes over two terms (7 week each term).

In this project, workshop participants will provide an individual mosaic of their own (which they get to keep), together with a 'community' piece which they will work on collectively. The Community piece will be erected in a local community space (yet to be decided by the participants).

The mosaic project will help marginalised people in neighbourhood 1 develop artistic and practical skills in mosaic-making in a project that promotes health and wellbeing, solidarity and a sense of community.

### 3. Crafts and upcycling

Throughout weekly sessions the participants will learn how to upcycle through learning a range of new useful skills including; For example, embroidery, quilting, screen printing, Tie dye, sewing, crochet and knitting where a range of people from all backgrounds and abilities can explore their own creativity, through socialising and gaining mental stimulation. They will use old clothes and fabric to create a range of creative pieces that they will be able to take home or give to others. These activities will also ensure that there is no right or wrong way to do them, which will make it ideal because they're fun, satisfying, and will boost self-esteem.

Furthermore, the activities will provide an opportunity for people from all backgrounds and abilities to build self-confidence, self-worth, forge new friendships, reduce isolation and positive well-being. As these activities will be delivered on the same day people attending different parts will be able to try out all that's on offer and engage in the activity of their choice. We will also provide offsite trips to the seaside during the summer for participants.

**2. Who in the community is your project targeted at and how will you ensure that the project supports people across the neighbourhood? How many people do you estimate will directly benefit from accessing your project?**

The activities are aimed at young and older adults living locally. We will ensure the project supports people across the neighbourhood through a range of outreach including 'door knocking' to target those that might not otherwise know about the activities we are delivering. The project will be 'open access' meaning that people can 'come and go' as they please meaning that they are more likely to interactive with these activities, rather than being restricted.

Furthermore, we will accept referrals from Community connections and other local organisations including THCN network, local doctor's surgeries, 170 Community Project, local community centres and our partners JOY. By facilitating the project at Somerville this will increase participation due to its central location and DDA compliant facilities meaning that people regardless of their physical disabilities would be able to access this project.

Our aim is to work with at least 100 people throughout the project.

**3. How will the project address local health and wellbeing priorities?**

By having a regular activity that is fun and of interest with people will become less isolated, increase their self-confidence/self-worth, stimulate their minds and enable them to build new friendships or forge new links with others. For example, our cooking and growing workshops will enable people to learn how to cook healthy but tasty meals, meaning they will be able to use these skills at home becoming more healthier through changing their eating options and growing their own fruits or veg.

There's much research to evidence the therapeutic benefits of arts activities (Be Creative, Be Well: Arts, wellbeing and local communities, Arts Council report 2012) even more so when those activities are done collectively. They include: reducing stress and isolation, increasing confidence and self-esteem, creating a sense of belonging and wellbeing, developing skills, which, in mosaic-making, are considerable. There's a lot of maths, you have to be able to plan, negotiate with others and make a commitment to seeing the work through.

Our crafts and upcycling programme will enable people to engage with their creative sides in a calm and relaxing environment. For older people these activities will be designed so there's no right or wrong way in doing something so that they do not become frustrated and disengaged, but instead feel comfortable.

Engaging activities can also be good alternatives to using medications that reduce agitation, challenging behaviour and depression.

The project will also provide an opportunity for older people to reminisce.

#### 4. Locations and times where the activities will take place:

The project will be delivered on a Thursday between 10-1pm at The Somerville, 260 Queens Road, New Cross, London, SE14 5JN.

#### 5. Outline the key risks associated with the project and how you will minimise their impact. (If you are planning an outdoor event, for example, what would happen if it rained?): **Remember a risk assessment should be completed.**

Risk	Control measures
1. Partners not carrying out designated tasks	- Partnership agreement in place
2. Staff absence	- Adhoc staff available
3. Poor attendance	- Publicise the activities affectively, door knocking and utilising partners for referrals i.e. Community Connections, Doctors surgeries and other community organisations.

#### 6. How will you ensure sustainability of your work once the project funding ends?

Throughout the project we will take user-led approach, many of the participants would have gained new skills and through allowing them the opportunities be undertake different roles i.e. delivering a session, supporting their peers, planning, they will be able to gain the confidence to able to run sessions on their own when the project comes to an end.

We will also recruit volunteers to support the delivery of the project beyond the funded period.

## SECTION C: Project Costs

**How much will the project cost?** If you are unable to provide precise information please estimate, but indicate where you have done this. Please also note that expenditure and income must be the same.

<b>Expenditure (the costs of delivering the project)</b>	
Mosaic Tutor @ £21 per hour x 4 hours per session x 28 weeks.	2,352
Cookery/Growing Tutor @ £21 x 2.5 hours per session x 48 weeks	2,520
Crafts Tutor @ £21 per hour x 2 hours per session x 48 weeks.	2,016
Ingredients for cooking workshops @ £20 per session x 48 sessions	960
Resources and materials for mosaic workshops	800
Resources and materials for upcycling embroidery workshops	412
Printing and publicity materials	200
Refreshments for participants i.e. teas/coffees and biscuits	240
Minibus coach trip to the beach during the summer	1,000
Management and admin charged at a flat rate of £500	500
<b>Total Project Expenditure</b>	<b>£11,000</b>

<b>Income (where the money is coming from)</b>		
Neighbourhood Fund requirement		£11,000
Other Council funding (please specify)		
Crowdfunding		
Other Funding		
In Kind Funding. Room Hire @ £40 per hour x 3 hours per week x 48 weeks = £5,760 <b>Confirmed</b>		5,760
Other funding (please specify)	Applied for	Confirmed
<b>Total Project Income</b>		<b>£16,760</b>

## SECTION D: Terms & Conditions

By completing and signing this application form you will be accepting your project will be subject to the following terms and conditions:

1. The grant will only be spent on the purpose detailed in the application unless otherwise

agreed in advance by the Council in writing.

2. On confirmation of the award you will receive an email confirming the final award amount, notification if supplementary documents are required and a bank form for immediate completion. Payment will only be made once this and any required supplementary documents are returned.
3. In exceptional circumstances, the grant can be withdrawn or withheld at the Council's discretion.
4. Any part of the grant that is not required for the purpose approved must be refunded to the Council.
5. Repayment of the grant can be required at the sole discretion of the Council if:
  - The Council finds that any false information has been supplied to the Council;
  - the work undertaken is not the work for which the grant was approved (if the Council has not been informed of, and approved, these changes in accordance with point 1);
  - the grant has not been spent within one year unless otherwise agreed by the Council;
  - your organisation becomes insolvent or goes into administration, receivership or liquidation, and the grant has not already been spent on its intended purpose, or;
  - there is any other breach of any of the conditions in this form.
6. The grant is made on a 'one-off' basis and does not carry any commitment to future funding of the project.
7. The grant cannot be made as "match" funding against any other Lewisham Council funded initiatives.
8. The project shall be required to return completed monitoring forms and a financial breakdown of how the grant was used mid-year and at the end date of the project. Failure to do so will render the project ineligible for future grants. A template monitoring form will be forwarded to successful applications as part of the confirmation process.
9. One representative from the project partnership to attend quarterly neighbourhood development partnership meetings.
10. The grant shall be specifically acknowledged within your annual accounts for the year in which it was received.
11. The grant and Lewisham Council will be acknowledged in all printed materials that the organisation produces about your project, and acknowledged appropriately elsewhere.
12. The Council / CCG may use your name in any publicity material.
13. The Project shall comply with any legal obligations that may be relevant in order to carry out the scheme, such as planning, licensing, employment, health and safety, insurance and equal opportunities legislation.
14. Receiving a grant from Lewisham Council does not constitute the grant of planning permission, or any other permission, and in no way prejudices future decisions of Lewisham Council or the Local Planning Authority. You must obtain all relevant permissions.
15. Lewisham Council reserves the right to share the information you have provided with relevant parties (e.g. Charity Commission) where appropriate.
16. Any Value Added Tax (VAT) payable by your organisation is your responsibility and Lewisham Council shall not be obliged to pay any additional amount.
17. Lewisham Council requires all organisations signing for an award to hold the following documentation. By signing this form you hold the relevant documents for the project the Council are pledging against, and your organisation agrees to provide these to Lewisham Council if it is deemed necessary.

Required documents:

- Organisation's constitution or governing document.
- Equalities and Diversity policy and procedures.
- Public liability insurance.

Project specific documents:

- Health & safety policy.

- Volunteers' policy.
- Child protection and vulnerable adults safeguarding policy.
- Statement evidencing that all staff & practitioners are DBS checked to the required standards for the project being undertaken.
- Risk Assessment.

**DECLARATION**

*I the undersigned confirm the information given in this application is correct. The organisation is neither established for profit nor is conducted for profit. We will inform the relevant officer of Lewisham Council of any changes in the organisation's contact details or circumstances that would affect this application or the use of any grant relating to it. **This declaration can be typed and sent in electronically***

Signed: B.Cummings  
on behalf of the organisation

Name in block capitals: BRADLEY CUMMINGS

Position in the Organisation: DIRECTOR, THE SOMERVILLE

Date: 30<sup>th</sup> October 2019

**IMPORTANT INFORMATION FOR APPLICANTS**

**The deadline for submitting this form is midnight on Thursday 31<sup>st</sup> October 2019.**

The total funding available is £22,500



Funding awarded is subject to formal approval by the Executive Director for Community Services or Mayor and Cabinet depending on the value of the award.

Funded organisations must ensure that:

1. A bank account is in operation into which payment can be made, please note we will not pay into individual bank accounts.
2. All legal and insurance liabilities associated with the project are fulfilled.
3. Appropriate safeguarding measures are implemented such as DBS checks.
4. All projects are completed by 31<sup>st</sup> March 2021
5. A completed monitoring form with appropriate information is provided at the end of the project. Failure to provide this will result in the organisation being ineligible for future funding.
6. All financial evidence, including receipts, is kept for at least two years after submission of monitoring information.

Please return your completed application form to:

Contact: Local Assembly Team  
Email: [NCDP@lewisham.gov.uk](mailto:NCDP@lewisham.gov.uk)

Address: Cultural & Community Development Service, 3rd floor Laurence House,  
1 Catford Road, SE6 4RU

Tel: 020 8314 7858

If you have any questions about the above requirements or anything else related to this application form please contact the Local Assembly Team (contact details above)

#### **For Completion by Officer upon successful application**

<b>Documentation</b>	<b>Required Yes / No</b>	<b>Comments</b>
Constitution / Terms of Reference		
Public Liability Insurance		
Health & Safety Policy		
Equal Opportunities Policy		
Risks Assessments		
Evidence of DBS Checks		